

Torque Conversion Chart

To Convert:

From	To	Multiply By	From	To	Multiply By
in-oz	in-lb	0.0625	cNm	in-ib	0.0885
in-lb	in-oz	16	cNm	ft-ib	0.00737
in-lb	ft-lb	0.08333	cNm	Nm	0.01
in-lb	kg-cm	1.15212	Nm	in-ib	8.85074
in-lb	kg-m	0.01152	Nm	ft-ib	0.73756
in-lb	cNm	11.2984	Nm	kg-cm	10.19716
in-lb	Nm	0.11298	Nm	kg-m	0.10197
ft-lb	in-lb	12	Nm	cNm	100
ft-lb	kg-cm	13.8254	kg-cm	in-ib	0.86796
ft-lb	kg-m	0.13825	kg-cm	ft-ib	0.07233
ft-lb	cNm	135.581	kg-cm	Nm	0.09806
ft-lb	Nm	1.35581	kg-m	in-ib	86.7961
			kg-m	ft-ib	7.23301
			kg-m	Nm	9.80665